

“International Students Adaptation and Integration” (INTERADIS)

Experiential practice on International Students Integration at Mykolas Romeris University August 28-September 11, 2023

TIME	PROGRAMME	NOTES
MONDAY (28th of August)		
	<p>Arrival and accommodation</p> <p>Those who booked MRU Student house (14 students) - accommodation address is Didlaukio st, 57, Vilnius</p> <p>Those who independently booked place (2 students) you know your accommodation address.</p>	Some students arrive on 27 August and you may go to MRU student house - it is booked for you according to registration form details.
14:00-17:00	Team building activities, Campus tour	Ateities st. 20, Room No. II-233
TUESDAY (29th of August)		
9:30-10:00	Registration at Mykolas Romeris University	Ateities st. 20, Vilnius Near room No. I-201
10:00-12:00	<p>10:00-12:00 Welcome Meeting: Vice-Rector for Academic Affairs, staff of the International Office, Vice-Deans, ESN MRU Vilnius mentors</p> <p>Group photo</p>	Room I-201
12:00-12:50	Break	
13:00-13:30	Meeting with representative from <i>GO VILNIUS</i>	Room I-201
13:30-14:30	Introduction to electronic services of MRU library and tour	
15:00	Summary of the day with MRU INTERADIS team. Q&A session	Room I-201
WEDNESDAY (30th of August)		
10:00 - 11:00	Informational seminar "Procedure of Studies at MRU" and introduction to MOODLE	Room I-201
11:00-11:35	Meeting with representatives from Vilnius County Police	Room I-201

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11:35-12:20	Break	
12:20-13:00	Administrative issues: student ID, student residence issues, etc	Room I-201
13:00-14:00	Presentation by MRU Community Welfare Center. Tour of MRU sport facilities and introduction to free sport activities	Room I-201
14:30	Summary of the day with MRU INTERADIS team. Q&A session	Room I-201
THURSDAY (31st of August)		
9:00-09:50	Special meeting for Erasmus+ International credit mobility (KA171) students and Short-term State scholarship holders	Room I-201
10:00	Departure from Vilnius to Trakai (you are all registered to Trakai tour)	
16:00	Departure from Trakai (estimated arrival to University ~17:00)	
FRDAY (1st of September)		
	September 1st events (Celebration of the Day of Knowledge and of the beginning of New academic year) at MRU	
Optional 10:00	Solemn Mass for MRU community in the Church of the Discovery of the Holy Cross (Kalvarijų)	Kalvarijų st. 327, Vilnius
13:00	Meeting by MRU main entrance to line up for a parade/traditional procession	
13:20-15:20	Rector's speech, performances, MRU cake	
	Independently attending Capital Days 2023 („Sostinēs dienos 2023”) Festival (1 - 3 September). All events and concerts are free of charge	Programme will be published here
20:30	Grand Opening of the Capital Days 2023 („Sostinēs dienos 2023”) festival in Cathedral Square with JAUTĪ and BRAINSTORM (Latvia)	We advise to arrive earlier to the square for a better viewing place.
Optional 23:00-01:00	Capital Days 2023 („Sostinēs dienos 2023”) Festival event: Laser Show near White Bridge	23.00, 23.30, 00:00, 00.30 One show duration is 15 minutes

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SATURDAY (2nd of September)		
10:00-15:00	Independently attending Capital Days 2023 („Sostinės dienos 2023“) Festival (1 - 3 September). All events and concerts are free of charge	
15:30 - 00:00	International House Vilnius event "Sunrise corner“, programme and registration is here: https://www.eventbrite.co.uk/e/vilnius-is-my-cityinternational-community-festival-tickets681542089737?aff=oddtcreator	Please register ASAP!
SUNDAY (3rd of September)		
10:00-15:00	Independently attending Capital Days 2023 („Sostinės dienos 2023“) Festival (1 - 3 September). All events and concerts are free of charge	
	Red Bull welcome party during the evening at MRU yard (will be announced)	ESN MRU Vilnius will provide details
MONDAY (4th of September)		
	FUTURE LAB - creating your future Welcome and introductory days 2023 (for all new degree seeking students - events for international degree seeking students)	
09.00-09.15	Welcome to MRU! Meet MRU international Office team!	Room No. II-233
09.15 - 10.45	Learning to learn - one of the most important competences of the future. Key information about your studies at MRU: Prof. dr. Linas Selmistraitis, Vice - dean at Faculty of Human and Social Studies and Karolis Dičkus, Vice-president at MRU Student Council. Student toolbox: Moodle - virtual study environment. Vilma Bacevičiūtė, ARC SSG manager Library services. Albertas Olechnovičius, Chief librarian	Room No. II-233
11.00-11.20	Create your future with MRU! Vice-rector's Prof. Dr. Regina Valutyte's greetings. Q&A session.	Room No. II-233
11:40-12:30	You can do more than you think! Take a tour around the university!	

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	Grow the team spirit, meet the community. Student guided tours of university.	
12:30-13:00	Grow your leadership and teamwork skills, become a students' representative, join the Student Council of MRU. Student Council team.	Room No. II-233
From 13:30	Joining to observe one of the Faculty's programmes:	
14.30-15.30	<p>Faculty of Human and Social studies</p> <p>Meeting with the administration. Greetings from the Dean prof. Dr. Odeta Merfeldaite and the Vice-deans: prof. Dr. Linas Selmistraitis and prof. Dr. Jolanta Pivoriene.</p> <p>FHSS presentation</p> <p>Getting to know the faculty team, their functions - a quiz.</p>	Room No. I-201
13:45 - 15:15	<p>Faculty of Public Governance and Business</p> <p>Faculty intro. Greetings from FPGB Dean prof. dr. Darius Šttilis.</p> <p>Mentoring program, personal brand and social capital. Presentation by Jaroslav Urbanovič, Advisor to the Dean for Communication and Marketing.</p> <p>Administrative affairs. The most relevant study information presented by FPGB Vice-dean for studies assoc. prof. dr. Irmantas Rotomskis and Study Managers</p>	Room No. I-417
TUESDAY (5th of September)		
09.00-09.30	<p>Stay safe at MRU</p> <p>Creating safe and individual needs friendly environment at the University: Dr. Nomeda Gudalienė, HR Management Center</p>	Room No. II-233
9:30-10:00	Artificial intelligence and studies - opportunities, challenges and dangers. Assoc. prof. dr. Marius Laurinaitis, LegalTech centre at Law Schoo	Room No. II-233
10:00-10:30	Introduction into the concept of sustainability and the basics of sustainable development. Prof. dr. Mykolas Simas Poškus, Psychology institute at the Faculty of Human and social sciences.	Room No. II-233
10:30-10:45	Break	

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10.45-11.15	Learn to take care of your emotional health! Stress. 3 ways to deal with it. Eglė Balčiūtė, psychologist at the Community Welfare Center.	Room No. II-233
11.15-11.45	Build your career during the studies! Opportunities offered by MRU Career centre. Gabrielė Vilkytė, Career centre manager. Digital badges for your career development. Guest speaker Nerijus Kriaučiūnas, Badgecraft	Room No. II-233
11.45-12.15	Erasmus+ exchange and internship opportunities. Learn about students' experiences and happy adventures! Anastasija Semenej, Student mobility manager, MRU International office.	Room No. II-233
WEDNESDAY (6th of September)		
10:00-15:00	Group work on experiential diary of the Group Consultations with IO staff and/or ESN MRU Vilnius section and/or Student Council representatives available on request	Group reading rooms in the Library or other convenient location
Proposal for the evening with clear sky	Visit to Vilnius TV tower OPEN TERRACE (NET) ticket 16 eur/adult	Sausio 13-osios st. 10 Vilnius
THURSDAY (7th of September)		
10:00-13:00	Group work on experiential diary of the Group Consultations with IO staff and/or ESN MRU Vilnius section and/or Student Council representatives available on request	Group reading rooms in the Library or other convenient location
14:15	Guided tour of the Seimas (Meeting for Passports Control at 14:15 sharply. the tour begins at 14:30)	Visitor Centre of the Seimas, Gedimino ave. 60, Vilnius.
FRIDAY (8th of September)		
10:00-13:00	Wrap-up session Group work's presentations. Feedback gathering, Q&A	Room No. I-414

TIME	PROGRAMME	NOTES
SATURDAY (9th of September)		
	<p>Suggestion of activity for a day: exploring Lithuania by train: https://www.traukiniobilietas.lt/portal/routes-schedules</p> <p>Kaunas - European capital of culture 2022 (~100 km from Vilnius)</p>	
SUNDAY (10th of September)		
	<p>Suggestion of activity for a day: exploring Lithuania by train: https://www.traukiniobilietas.lt/portal/routes-schedules</p> <p>Kaunas - European capital of culture 2022 (~100 km from Vilnius)</p>	
MONDAY 11th of September)		
	<p>Departure day</p>	<p>Please check the time of your flight. 2 hours before the flight time you are expected to be at the Airport.</p>

WELCOME TO VILNIUS!

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MYKOLAS ROMERIS UNIVERSITY!