FUTURE LAB – creating your future

Welcome and introductory days 2023

September 1-5, Ateities str. 20, Vilnius

September 1 st

- 10.00 Holy Mass for the MRU Community.
 Vilnius Church of the Discovery of the Holy Cross, Kalvariju str. 327.
- **12.00** Welcome for the first-year students. MRU Central Hall, Building I.
- **13.00** Opening ceremony of the academic year. MRU courtyard, Ateities str. 20, Vilnius.
- **15.00** Community conversations and refreshments. MRU courtyard, Ateities str. 20, Vilnius.

September 4th | II-233 aud.

- 08.30-09.00 Registration.
- O9.00-09.15 Welcome to MRU!
 Meet MRU international Office team!
- **09.15-10.45** Learning to learn one of the most important competences of the future.

Key information about your studies at MRU. Prof. Dr. Linas Selmistraitis, Vice – dean at Faculty of Human and Social Studies and Karolis Dičkus, Vice-president at MRU Student Council.

Student toolbox:

Moodle – virtual study environment. Vilma Bacevičiūtė, Manager at Digital Studies group Library services. Albertas Olechnovičius, Chief librarian.

• 11.00-11.20 Create your future with MRU!

Vice-rector's Prof. Dr. Regina Valutyte's greetings. Q&A session. Send your question here.

- **11.20-11.40** Grow your leadership and teamwork skills, become a students' representative, join the Student Council of MRU. Student Council team.
- **11.40-13.25** *You can do more than you think! Take a tour around the university!* Grow the team spirit, meet the community. Student guided tours of university.

Meeting at the university courtyard.

Link for connecting online.

Faculty programmes

Law School | MRU LAB, Room 101, Didlaukio str. 55

Faculty of Public Gonvernance and Busines | Room C-I-417

- 13.45-14.00 Faculty intro.
 Greetings from FPGB Dean Prof. Dr. Darius Štitilis.
- 14.00-14.30 Mentoring program, personal brand and social capital.
 Presentation by Jaroslav Urbanovič, Advisor to the Dean for Communication and Marketing.
- 14.30-15.15 Administrative affairs.

The most relevant study information presented by FPGB Vice-Dean for studies Assoc. Prof. Dr. Irmantas Rotomskis and Study Managers.

Link for connecting online.

September 5th

• 09.00-09.30 Stay safe at MRU!

Creating a safe, sustainable and individual needs friendly environment at the University. What to do in an emergency?

Dr. Nomeda Gudelienė, HR Management Center.

• **09.30-10.00** Artificial intelligence and studies – opportunities, challenges and dangers.

Assoc. Prof. Dr. Marius Laurinaitis, LegalTech centre at Law School.

• **10.00-10.30** Introduction into the concept of sustainability and the basics of sustainable development.

Prof. Dr. Mykolas Simas Poškus, Psychology institute at the Faculty of Human and social sciences.

• 10.45-11.15 Learn to take care of your emotional health!

Stress. 3 ways to deal with it. Eglė Balčiūtė, psychologist at the Community Welfare Center.

• 11.15-11.45 Build your career during the studies!

Opportunities offered by MRU Career centre. Gabrielė Vilkytė, Career centre manager.

Digital badges for your career development. Guest speaker Nerijus Kriaučiūnas, Badgecraft.

• 11.45-12.15 Erasmus+ exchange and internship opportunities.

Learn about students' experiences and happy adventures! Anastasija Semenej, Student mobility manager, MRU International office.

- 12.30-13.00 Getting around in Vilnius. MRU International office.
- **13.00-13.30** Meeting with representatives from Vilnius County Police and Migration office.

Welcome by Dean Prof. Dr. Lyra Jakulevičienė and Programme Directors.

• **14.45-15.15** Presentation of the Law School and getting to know each other.

Link for connecting online.

Faculty of Human and Social Studies | Room C-I-201

• 14.30-14.40 Meeting with the administration.

Greetings from Dean Prof. Dr. Odeta Merfeldaite and the Vice-Deans: Prof. Dr. Linas Selmistraitis and Prof. Dr. Jolanta Pivoriene.

- 14.40-15.10 Presentation of the Faculty of Human and Social Studies.
- 15.10-15.30 Getting to know the faculty team, their functions a quiz.

Link for connecting online.

• 13.30-14.30 Meet MRU partners – participate in challenges, win prizes!

Link for connecting online.

^{• 14.30-14.45} Meeting with faculty members.