

DRUSKININKAI TRAVEL GUIDE



DRUSKININKAI

Druskininkai means the "**city of salt**". It is located at the south of Lithuania close to the borders with Poland and Belarus. It is a **spa town** on the Nemunas River surrounded by a natural forest reserve.

The city dates back as a spa resort to the 19th century and it is famous for the **mineral waters**, the **pine forests**, the **air therapy** and the **mud treatments**. There are several art and historical museums and galleries in the city.



PROGRAMME

TRAVEL SCHEDULE 2023.01.26-2023.01.27

THURSDAY 2023.01.26

- 10:40 - Meeting at entrance of MRU
- 11:00 - Departure time
- 13:00 - stop (Merkinė observation tower)
- 14:00 Arrival to Dainava hotel, check in

FREE TIME (students have to prepare creative, short presentations about their countries (in groups) - no youtube, no wikipedia)

- 19:00 - Dinner and presentations of your countries (3 minutes per country) in the main building

FRIDAY 2023.01.27

- 8:00-10:00 Breakfast in the main building
- FREE TIME (students are invited to explore the city)
- 15:45 - Meeting in front of Hotel Dainava
- 16:00 - Departure time

DAINAVA HOTEL AND VILA



Dainava is in the very heart of Druskininkai. Hotel rooms have cable TV, internet and a telephone. Dainava health care center has a wide range of therapeutic massages, healing baths, physical therapy, body detoxification and other medical and health procedures.



The hotel also offers a game room, located in the 2nd floor of Dainava's main building, saunas, food services, and a basketball court.

Please remember that students are responsible for any loss or damage. The loss or damage must be reported immediately to Dainava registration desk.



DAINAVA HOTEL

MAP OF DAINAVA CAMPUS



ŠIRDELĖ RESTAURANT (located in Dainava Campus No. 2)



LEISURE TIME

1. Escape Room



COME
THINK
FIND
ESCAPE

It's an adventure and unforgettable memories for a team of 2-5 people. You have to escape from the locked room by solving puzzles and logic tasks in just 60 minutes. This intellectual game does not require special knowledge and therefore is suitable for various age and social groups, such as youth, family or work team. Choose an escape room and book it!

Price for a group of 2-5 people **50EUR**

<https://trainbrain.lt/>

2. Aqua Park



Enjoy the tropical heat, with the ocean-blue water of the pools, palms and endless fun all-year-round: swim in the sea-wave pool, go downstream or upstream in the river torrents, defeat your fears in our spectacular water slides, warm your body and soul in the hot tubs, and indulge in an endless whirlpool of happiness.

<https://www.akvapark.lt/en/>

LEISURE TIME



3. Snow Arena

Work Time:

Monday - Thursday 10:00 - 19:00

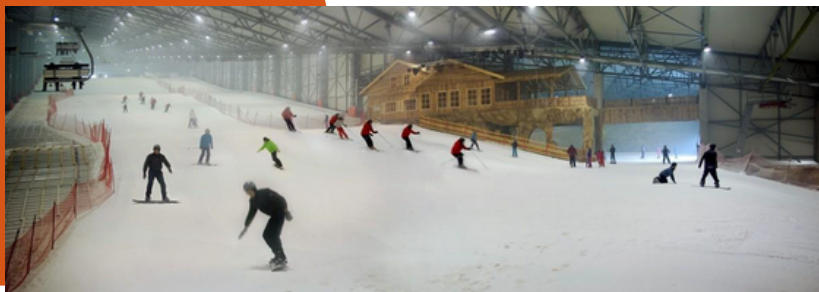
Friday 10:00 - 22:00

Saturday 10:00 - 22:00

Sunday 10:00 - 19:00


It is the only winter sports complex in the Baltic States that is open all year round. For several years in a row, Snow Arena has been one of the top five best winter sports complexes in the world.

<https://snowarena.lt/en/home>



CAFES & BAKERIES

1. CITY COFFEE

 Kudirkos 37, Druskininkai, Lithuania



Working hours

I-VI 9.00 - 21.00

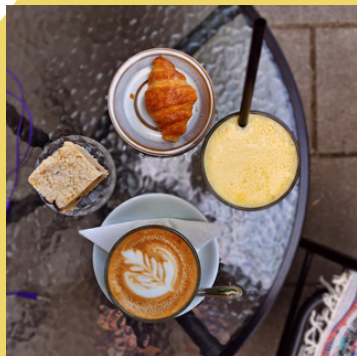
VII 9.00 - 20.00



13 min from the hotel




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2. BOULANGERIE

FRENCH BAKERY&CAFE

 M. K. Ciurlionio g 63, Druskininkai 66164,
Lithuania



Working hours

I-VII 7.00-21.00



15 min from the hotel



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3. BEATOS VIRTUVĖ LEDAINE

 Vilniaus al. 9, Druskininkai 66119, Lithuania



Working hours

I - VII 11.00 - 22.00



8 min from the hotel




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RESTAURANTS

1. Toli Toli

 Vilniaus Al. 8, Druskininkai, Lithuania



Working hours


I Closed

II-IV 12.00-23.00

V 12.00-00.00

VI 11.00-00.00

VII 10.00-21.00


 9 min from the hotel



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2. Etno Dvaras

 M. K. Ciurlionio Str. 55, Druskininkai
66141, Lithuania



Working hours

I-III 11.00-22.00

IV-V 11.00-23.00

VI 10.00-24.00

VII 10.00-22.00




12 min from the hotel



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3. The House

 M. K. Ciurlionio g. 61, Druskininkai, Lithuania



Working hours

I- IV 09:00-23:00

V- VI 09:00-24:00

VII 09:00-23:00



9 min from the hotel




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RESTAURANTS

4. Senasis Nemunas

 I. Fonbergo g. 7, Druskininkai 66120, Lithuania



Working hours

I-IV 10.00-23.00

V-VI 10.00-00.00

VII 10.00-23.00




15 min from the hotel



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5. Sicilia

 MK Ciurlionis G 56 Druskininkai
66119, Lithuania



Working hours

VII - IV 09.00-23.00

V - VI 09.00-24.00



15 min from the hotel




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NIGHTLIFE

1. Senfortis

 Laisves a. 11, Druskininkai 66117,
Lithuania



Working hours

VII-IV 21.00-2.00

V, VI 21.00-3.00



5 min from the hotel



2. Aqua Night Club

 Vilniaus al. 13 Druskininkai 66116



Working hours

V-VI 23.00-4.00



5 min from the hotel



WORTH TO VISIT

*Orthodox Church of the Icon of
Mother of God of All the Afflicted*



*Catholic Church of Saint Mary's
Scapular*



• *Čiurlionis House-Museum*

Working hours

II-VI 11.00-18.00

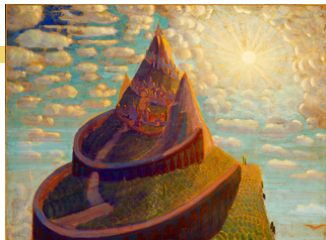
VII 11.00-16.00

📍 M. K. Čiurlionio st. 35

The Museum was founded in 1963 in the house of the artist's and composer's Mikalojus Konstantinas Čiurlionis (1875-1911) parents, where he lived and worked in 1896-1910.

The memorial part of exposition consists of two wooden houses introducing history of the family.

The two other houses host exhibitions of the art, biography and family history of the artist.



WORTH TO VISIT

- ***Girios Aidas Forest Museum***

📍 M. K. Čiurlionio st. 116, Druskininkai 66161



Museum features library, expositions of works by professional artists and folk artists, open air wood carving and photography events. Permanent expositions of the museum tell us about the nature, birds, insects, wild animals and plants of the region.

- ***The Upside-Down House***

📍 Druskininkai, Vilniaus al. 34



The Upside-Down House will allow you to experience life upside down! The house has an upside-down bathroom, living room and bedrooms.

WORTH TO VISIT

• **K. Dineika Wellness Park**

📍 Sausoji st. 1, Druskininkai 66165

Visitors have a possibility to try out the old unique procedures: walk along the trails with marked distance, try out cascading bathing and saunas, ionic therapy.



• **Uno Adventure Park**

📍 Vilniaus al., Druskininkai 66119

There are more than 130 contests, including 30 zip lines full of adrenaline from tree to tree (4 of them over river Nemunas), equipped with 9 tracks located in trees.



• **Cable Car**

📍 in front of DAINAVA hotel

A unique method of transportation. Cabins can accommodate up to 10 people and start their route from the cable way station (near Druskininkai aqua park) to the other side of the Nemunas river (near winter sports complex "Snow Arena").



WORTH TO VISIT

- **Česnulis Sculpture&Leisure Park**

📍 Naujasodės st 16, Naujasodės vl. 66443

Wood carvings and expositions in the homestead of the famous sculptor of Dzūkija represent only small part of works created over a period of 30 years.



- **Grūtas Soviet Sculpture Park**

📍 Grūto vl., Druskininkų d. 66441

A unique outdoor exhibition of dismantled soviet monuments, brought from various Lithuanian cities and towns. Idols and symbols imposed by the soviet regime on the Lithuanian nation reveal historic truth on the soviet occupation period in Lithuania



ENJOY YOUR STAY IN DRUSKININKAI

In case of questions or emergencies
please contact:

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Dainava Hotel registration's desk -
registratura@centrasdainava.lt
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